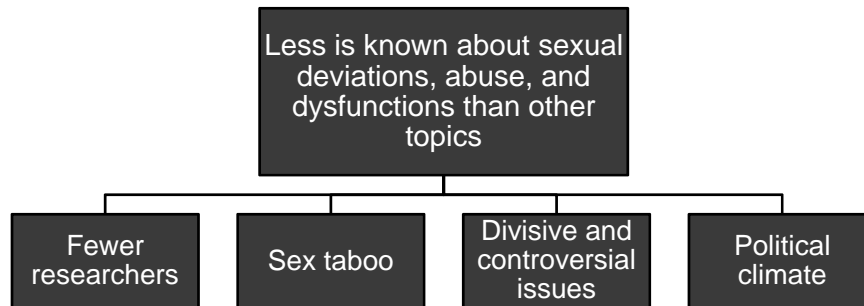


## Introduction



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## Sociocultural Influences on Sexual Practices and Standards

### Important points!

☐

☐ Some aspects of sexuality are universal; others are quite variable

☐ Sexual attitudes vary greatly across cultures and across time

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## Sociocultural Influences on Sexual Practices and Standards

Cases on upcoming slides exemplify variety of sexual standards

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### Case 1: Degeneracy and Abstinence Theory

#### **Degeneracy theory (1750s)**

Semen loss cause men to lose masculine characteristics



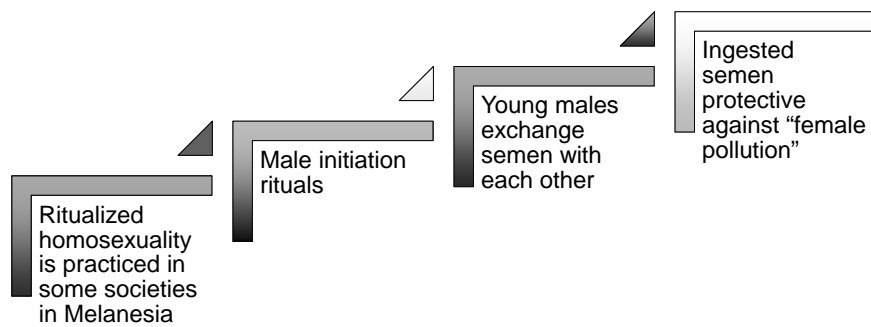
#### **Abstinence theory (1830s)**

Masturbation threatened public health and caused insanity

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## Case 2: Ritualized Homosexuality in Melanesia



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## Case 3: Homosexuality and American Psychiatry

Up to 1970, homosexuality widely regarded as sickness

Current evidence shows that homosexuality is compatible with psychological normality

Homosexuality is no longer listed as a disorder in the *DSM-5*

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## Paraphilic Disorders

Recurrent, intense sexually arousing fantasies, sexual urges, or behaviors that generally involve

- Abnormal targets of sexual attraction
- Unusual courtship behaviors
- Desire for pain and suffering of oneself or others

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## Paraphilic Disorders

### Paraphilia

- Unusual sexual interests
- Need not cause harm either to the individual or to others



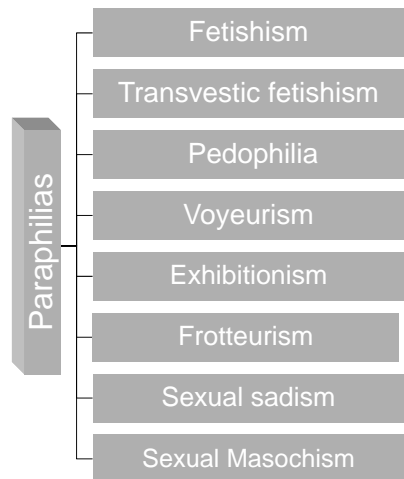
### Paraphilic Disorder

- Unusual sexual interests
- Cause harm to self or others

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## Paraphilic Disorders



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## Paraphilic Disorders

- **Disturbo Feticistico:** l'individuo ha fantasie sessuali, desideri e comportamenti intensi e ricorrenti che coinvolgono l'uso di oggetti inanimati o una parte del corpo che tipicamente non sono ritenuti erotici per ottenere soddisfazione sessuale.
- **Disturbo da travestitismo:** l'individuo ha fantasie, desideri e comportamenti intensi e ricorrenti che comprendono il travestirsi da donna e sperimentano disagio o una compromissione significativa del funzionamento dovuti a tale condizione (es. masturbarsi indossando indumenti femminili).

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## Paraphilic Disorders

- **Disturbo pedofilico:** eccitazione intensa e ricorrente, manifestata attraverso fantasie, desideri o comportamenti che comportano attività sessuale con un bambino in età prepuberale o con bambini (in genere al di sotto dei 13 anni di età).
- **Disturbo voyeuristico:** l'individuo ha fantasie, desideri e comportamenti sessuali ed eccitazione intensi che consistono nell'osservare persone ignare che si stanno spogliando o coppie impegnate in attività sessuali ('i guardoni').

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## Paraphilic Disorders

- **Disturbo esibizionistico:** eccitazione sessuale intensa e ricorrente, manifestata attraverso fantasie, desideri o comportamenti derivante dall'esibizione dei propri genitali a una persona a sua insaputa.
- **Disturbo frotteuristico:** eccitazione sessuale intensa e ricorrente, manifestata attraverso fantasie, desideri o comportamenti derivante dal toccare, o strusciarsi contro, una persona non consensiente.

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## Paraphilic Disorders

- **Disturbo da sadismo sessuale:** eccitazione sessuale intensa e ricorrente, manifestata attraverso fantasie, desideri o comportamenti derivante dalla sofferenza fisica o psicologica di un'altra persona.
- **Disturbo da masochismo sessuale:** eccitazione sessuale intensa e ricorrente, manifestata attraverso fantasie, desideri o comportamenti derivante dall'atto di essere umiliato, percosso, legato o fatto soffrire in altro modo.

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## Causal Factors and Treatments for Paraphilias

### Causal factors

- Male gender
- Paraphilia usually begins at puberty
- Strong sex drive
- Multiple paraphilias
- Dependence on visual sexual imagery

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## Gender Dysphoria

Discomfort with assigned gender or sex-relevant physical characteristics

- Childhood diagnosis
- Adolescence/adulthood diagnosis

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## Gender Dysphoria

- Una marcata incongruenza tra il genere esperito/espresso da un individuo e il genere assegnato, della durata di almeno 6 mesi, che si manifesta attraverso almeno due dei seguenti criteri:
  - 1) Una marcata incongruenza tra il genere esperito/espresso da un individuo e le caratteristiche primarie e/o secondarie.
  - 2) Un forte desiderio di liberarsi delle proprie caratteristiche sessuali primarie e/o secondarie a causa di una marcata incongruenza tra il genere esperito/espresso da un individuo.

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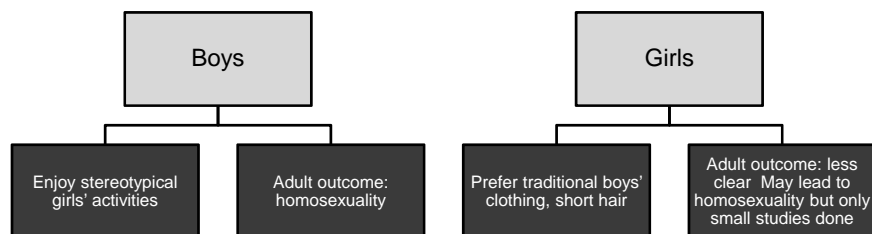
## Gender Dysphoria

- 3) Un forte desiderio per le caratteristiche sessuali primarie e/o secondarie del genere opposto.
- 4) Un forte desiderio di appartenere al genere opposto.
- 5) Un forte desiderio di essere trattato come appartenente al genere opposto.
- 6) Una forte convinzione di avere i sentimenti e le reazioni tipiche del genere opposto.

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## Gender Dysphoria



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## Gender Dysphoria (Adult)

### Transsexuals

- Gender dysphoria who want to change their sex

### Homosexual transsexuals

- Feminine men attracted to men
- Woman trapped in man's body

### Autogynephilic transsexuals

- Paraphilia characterized by man's sexual arousal at thought of being a woman

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## Gender Dysphoria

Surgical sex reassignment typically effective

**Treatment**

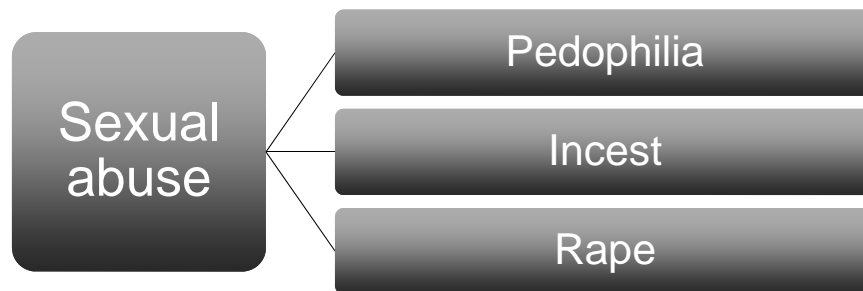
Hormone treatment

Psychotherapy is usually not effective

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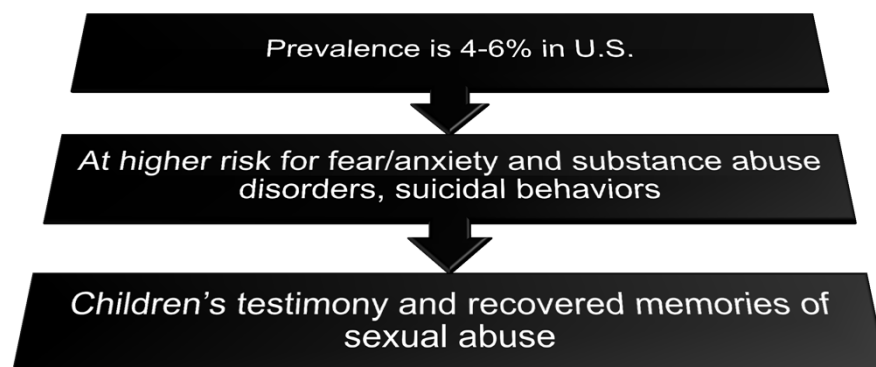
## Sexual Abuse



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## Childhood Sexual Abuse



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## Pedophilic Disorder

### Diagnosis

- Adult has recurrent, intense sexual urges or fantasies about sexual activity with prepubescent child
- Acting on urges not a requirement for diagnosis if the urges cause person distress

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## Pedophilic Disorder

Almost all pedophiles are male

Two-thirds of victims are female

More likely to engage in self-justifying cognitive distortions

Often appear shy and introverted

Often idealize aspects of childhood

Often abused themselves as children

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## Incest

Culturally prohibited sexual relations between family members

Incest taboo virtually universal

Prevalence difficult to estimate

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## Rape

Sexual activity involving actual or threatened forcible coercion of one person by another

Statutory rape is sexual activity with person under age of consent

Sexual assault refers to other forms of unwanted sexual contact

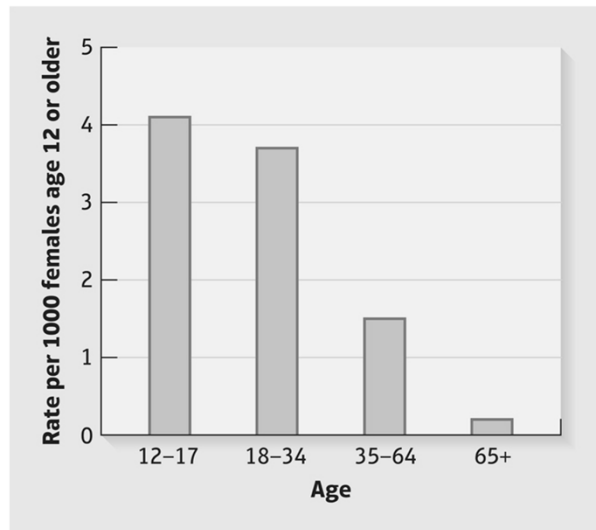
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**Figure 12.1 Statistics on Sexual Assault**

These data from the U.S. Department of Justice outline some of the statistics about women who were raped from 2005 to 2010.

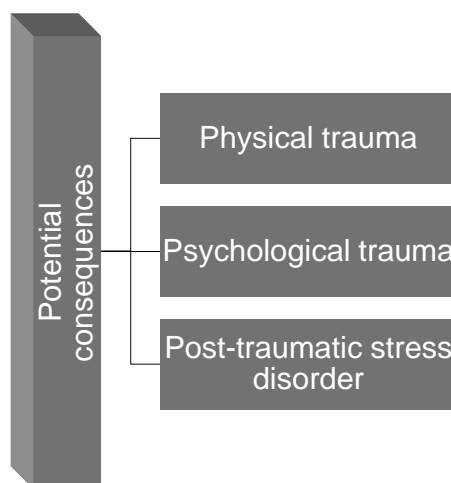
(Based on Planty et al., 2013.)



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## Rape



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## Sexual Dysfunctions

Impairment in desire for sexual gratification and/or ability to achieve it

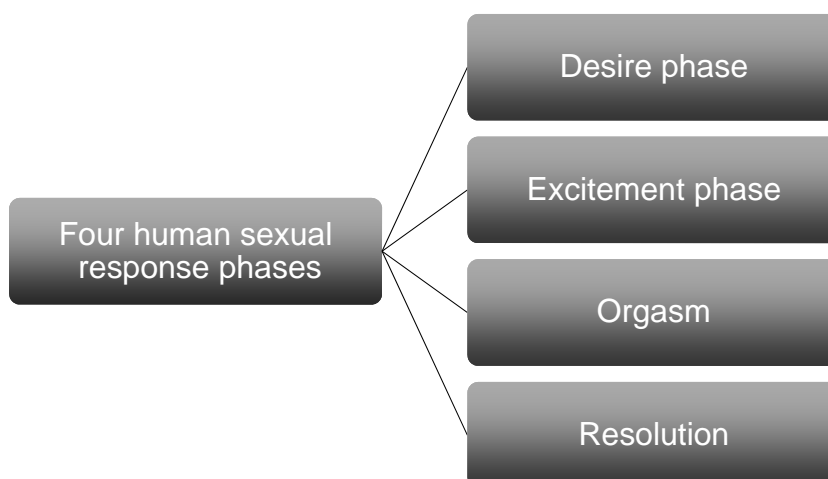
Affects both hetero- and homosexual couples

Many possible causes

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## Sexual Dysfunctions



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## Sexual Dysfunctions in Men

<b>Hypoactive sexual desire disorder</b> <ul style="list-style-type: none"> <li>• Little or no sex drive or interest</li> </ul>	<b>Erectile disorder</b> <ul style="list-style-type: none"> <li>• Inability to achieve or maintain erection</li> </ul>	<b>Early ejaculation disorder</b> <ul style="list-style-type: none"> <li>• Persistent and recurrent orgasm and ejaculation with little sexual stimulation</li> </ul>	<b>Delayed ejaculation disorder</b> <ul style="list-style-type: none"> <li>• Inability to ejaculate during intercourse</li> </ul>
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## Sexual Dysfunctions in Women

<b>Female sexual interest/arousal disorder</b> <ul style="list-style-type: none"> <li>• Low sexual desire and low sexual arousal</li> </ul>	<b>Genito-pelvic pain/penetration disorder</b> <ul style="list-style-type: none"> <li>• Genital pain during intercourse with muscle tension and fear and anxiety related to genital pain or penetrative sexual activity</li> </ul>	<b>Female orgasmic disorder</b> <ul style="list-style-type: none"> <li>• Persistent or recurrent delay in, or absence of, orgasm following normal sexual excitement phase</li> </ul>
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