



Mobility Agreement Staff Mobility For Teaching

Planned period of the teaching activity: from 3th July 2022 untill 9th July 2022

Duration (days) excluding travel days: 5

The teaching staff member

Last name Verratti		First name Vittore	
Seniority¹ Associate professor		Nationality Italian	
Sex [M/F] M		Academic year 2021-22	
E-mail	Vittore.verratti@unich.it		

The Sending Institution

Name	Università degli Studi "G. D'Annunzio" Chieti-Pescara		
Erasmus code	I CHIETI01		
Address	Settore Erasmus (Chiave 1) Via dei Vestini n.31 – 66100 Chieti, Italy	Department	Department of Psychological, Health and Territorial Sciences
Contact person name and position	Departmental Erasmus Delegate Marcello Costantini Erasmus Office Morena Di Nicola	Contact person e-mail / phone	marcello.costantini@unich.it Tel. +39 3297434507 staffmobility@unich.it Tel. +39-0871-6630

The Receiving Institution

**Erasmus+****Higher Education:
Mobility Agreement form
Participant's name**

Name	Charles Univer	Faculty/Department	Faculty of Physical Educat Sport/Department of Physiolo Biochemistry
Erasmus code	CZ PRAHA07		
Address	José Martího 31 6, Czech Repub	Country/ Country code	CR
Contact perso name and pos	Hana Sladkova International Re Office	Contact person e-mail / phone	<u>international@ftvs.cuni.cz</u> <u>erasmus@ftvs.cuni.cz</u>



Section to be completed BEFORE THE MOBILITY

I. PROPOSED MOBILITY PROGRAMME

Main subject field²:

Broad fields of education in ISCED-F 2013: 09 – Health and welfare

Level (select the main one): Short cycle (EQF level 5) ☐; Bachelor or equivalent first cycle (EQF level 6) ☐; Master or equivalent second cycle (EQF level 7) ☒; Doctoral or equivalent third cycle (EQF level 8) ☐

Number of students at the receiving institution benefiting from the teaching programme: 20

Number of teaching hours: 4 hours lessons and 4 hours meetings and collaborative research discussions

Language of instruction:

Overall objectives of the mobility:

The aim of the mobility is linked to establishing a new collaboration with researchers experts in Sport physiology and exercise science in Charles University, Prague.

Added value of the mobility (in the context of the modernisation and internationalisation strategies of the institutions involved):

The institutions will gain innovative teaching strategies based on research collaboration in the field of adaptations and applied physiology, that represents a new area of collaboration between our institutions in order to promote internationalization of Uda and Charles University in these interesting research fields

Content of the teaching programme:

Lessons on the role of physical exercise on active and successful aging and on benefits of physical exercise on the brain and general wellness within the global concept of One Health

Expected outcomes and impact (e.g. on the professional development of the teaching staff member and on the competences of students at both institutions):

Staff will establish a new proficous teaching and research collaborations.

Students will take advantage of this collaboration with possibility to share Erasmus mobility and participate in the new field of research in Nutrition and exercise

II. COMMITMENT OF THE THREE PARTIES

By signing³ this document, the teaching staff member, the sending institution/enterprise and the receiving institution confirm that they approve the proposed mobility agreement.

The sending higher education institution supports the staff mobility as part of its modernisation and internationalisation strategy and will recognise it as a component in any evaluation or assessment of the teaching staff member.



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Higher Education:
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The teaching staff member will share his/her experience, in particular its impact on his/her professional development and on the sending higher education institution, as a source of inspiration to others.

The teaching staff member and the beneficiary institution commit to the requirements set out in the grant agreement signed between them.

The teaching staff member and the receiving institution will communicate to the sending institution/enterprise any problems or changes regarding the proposed mobility programme or mobility period.

The teaching staff member

Name: Vittore Verratti

Signature:

Date: 19-1-2022

The sending institution

Name of the Department Director: Prof. Nicola Mammarella

Signature and seal:

Date:

The receiving institution

Name of the Responsible Person: Hana Sladkova

Signature and seal:

Date: 25.1.2022

UNIVERZITA KARLOVA
Fakulta tělesné výchovy a sportu
Josef Martího 31, 162 52, Praha 6
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¹ **Seniority:** Junior (approx. < 10 years of experience), Intermediate (approx. > 10 and < 20 years of experience) or Senior (approx. > 20 years of experience).

² The **ISCED-F 2013 search tool** (available at http://ec.europa.eu/education/tools/isced-f_en.htm) should be used to find the ISCED 2013 detailed field of education and training.

³ Circulating papers with original signatures is not compulsory. Scanned copies of signatures or electronic signatures may be accepted, depending on the national legislation of the country of the sending institution (in the case of mobility with Partner Countries: the national legislation of the Programme Country). Certificates of attendance can be provided electronically or through any other means accessible to the staff member and the sending institution.